



January 2016

www.igoono.com

Igo, Ono, Trinity Alps Preserve

Happy New Year

Featured Event... Bunco at the Grange

Happy New Year from The Umbrella. This month's featured community event is Bunco at the Ono Grange. Every month on the third Wednesday, community members gather to play Bunco and enjoy some laughs. There is a potluck meal which starts at 6 p.m. with the Bunco Game starting at 7 p.m.. It costs \$5 to enter. Half the money raised is awarded to the various winners of the night and the other half goes toward gifts for the annual Cowboy Santa Event.

January's Bunco Night will be held on Wednesday Jan. 20 at 6 p.m. Don't know how to play Bunco? No Worries! It's a very easy game to learn. If you can hold three dice in your hands and roll them onto a table, you can play Bunco. Come on out and support the community. 18+ years only. For more info call-- (530) 396-2322.



Ideas for the Winter Blues by Michele Domine

Why do I feel "down" during this time of year?

The Symptoms:

If you feel a lack of motivation and a loss of concentration; if you feel passive, fatigued and generally sad, you might be affected by seasonal depression.

Do you eat and sleep more? Feel more sadness in the evening?

3 to 5% of the population suffer from seasonal depression. Usually from October to March.

But all of us can enjoy the benefits of healthy winter hygiene!

The causes:

Researchers have pointed out that the diminution of light in winter affects melatonin production in our body. This hormone needs Sun light for its production. As well as lesser activity of serotonin, a neurotransmitter necessary to produce energy.

The treatment:

Catch all the sunlight available. Going for walks and bike rides, hitting the slopes on weekends, enjoying your cup of tea or coffee outside, in the sun. Appreciating our north state winter climate is the best treatment against the seasonal blah!

Increase magnesium intake. My preferred treatment! Magnesium is found in nuts and chocolate. Does anyone need a prescription? Sun, fresh air, and chocolate.

Wishing everyone a healthy, happy New Year! (If you, or someone you know, feel suicidal see your doctor).

Ono Grange

The Women of the Grange will meet on Wednesday, Jan. 13, at 6pm.

The Grange general meeting will be on Wednesday, Jan. 13,, at 7pm.

When you attend this month's meeting please bring a donation for the Red Barrel Food Shelf.

Ono-Igo Community Church

Sunday service times are **9:30 a.m. (casual service)** and **11 a.m. (Traditional Service)**. Potluck gathering on the last Sunday of each month after the 11 a.m. service. If you can't make it to the service but still want to see, DVD's are available.

If you NEED A RIDE to Sunday Services. Please Call the Church.

Food Shelf available.

Community Dinners for January...Tuesday Jan. 12 and Tuesday Jan. 26. Dinner is served at 5p.

Call 396-2277 for more information.

Neighborhood Watch

Please come join **YOUR** Neighborhood Watch. We meet the second Saturday of every month. Join us in helping to improve our community.

Next meeting: Saturday, January 9 at the Igo School at noon. (Bring a lunch if that's lunch time. Coffee provided. (sometimes there are cookies at the meeting))

Igo Store

Igo Store now has the Igo-Ono Firefighters Tee-Shirts in stock. The shirts cost \$15.00 each with all the proceeds going to the Volunteer Fire Department.

Every Friday is **French Fry Friday**. Free French Fries. Test your skill at our backyard horseshoe pit or relax under our large covered patio.

Store hours are M-F 7 a.m. to 8 p.m. S-S 8 a.m. to 8 p.m. 396-2292

Ono Store

Come enjoy the BEST Burgers and the COLDEST Beer in town. Every Saturday come share your musical talents at the **Acoustic Jam**. (If you don't want to jam, just show up and listen) The Jam starts at 7 p.m.. Store hours are M-S 9 a.m. to 8 p.m. and Sunday 10 a.m. to 6 p.m..



www.igoono.com

The Umbrella is an independently-run newsletter. The contents of the newsletter are gathered, assembled and produced by volunteers from the community. All the paper, ink, time and effort it takes to produce The Umbrella is donated.

The mission of The Umbrella is to encourage community. We attempt to do this by providing information about the various groups, events and businesses in the area.

The editor of the newsletter is Ed Sulpice. He is the pastor at Ono-Igo Community Church. If you have any questions you can contact him at 396-2277 or esulp@aol.com.

The Umbrella welcomes all who would like to participate in this endeavor. If you have a story, please write it. If you have an idea, photo, poem, or ??? please share it with us.

Smoking: The Effects on Your Family Pet

By Chic Miller

I know what you're going to say. "I've heard it all before." Maybe you have, but now you're going to hear it from me.

First hand smoke is smoke that is inhaled into the lungs, a well known killer of humans.

Second hand smoke comes from two sources: one is exhaled by a smoker, the other is the product released from the burning end of a cigarette, pipe, or cigar. Second hand smoke contains over 4,000 chemicals including carbon monoxide, formaldehyde, arsenic, nicotine and tars, all of which are deadly cancer causing agents. They will kill innocent victims, your family pets included.

In dogs and cats, second hand smoke also causes lung disease, eye irritation, wheezing, coughing, pneumonia, hyperventilation, depression and lethargy. Also, second hand smoke affects birds, rats and rabbits, They tend to have very sensitive respiratory systems. When exposed to second hand smoke, they can develop nasal cancer and pneumonia, along with all of the above mentioned symptoms.

Third hand smoke refers to the toxins from cigarette smoke that sticks to soft surfaces. Have you ever stood near someone who wasn't smoking but smelled like tobacco? That smell is third hand smoke.

Third hand smoke leaves residue on clothes, hair, skin, carpet, blankets, floor, furniture, toys, pillows, and drapes. Third hand smoke saturates and penetrates into pets' feathers, fur and lungs. Holding your pet close to you actually increases the risk of respiratory diseases.

Smokers and non-smokers alike have the luxury of showering, washing their hair and laundering their smoke saturated clothes after being near a smoker. Unfortunately, pets don't share this luxury. These toxic chemicals cling to coats, fur, and feathers, to be cleaned off by self grooming. Ingestion of these highly toxic chemicals may cause many types of cancer, including mouth, tongue, throat and stomach. Usually, the pet of a smoker will die within one year of being diagnosed.

Birds, rats and rabbits have also been known to develop contact dermatitis from being continuously handled by owners that smoke.

Accidental poisoning in dogs by ingesting discarded cigarette butts, cigars, chewing tobacco, nicotine patches or nicotine gum, is more common than you may think. A very expensive emergency visit to your vet may follow. Whether it be a dog, cat, bird, rabbit, or rat, second and third hand smoke is life threatening to your beloved family pet.

Bella Vista Farms has taken in many animals over several decades of rescuing. We have also seen many smoking related illnesses that were preventable. The aftermath of caring for innocent victims who have been forced to endure second and third hand smoke is horrific. Until you have seen a parrot struggle to breathe or watch a tiny Chihuahua gasping for air in an oxygen chamber, reality of the damage done by cigarette smoke probably has never occurred to you. The helplessness that I have felt for these animals has been heartbreaking. The decision to euthanize an animal due to no fault of its own is gut wrenching.

Anyone who is a smoker and a pet owner can do one very important thing to protect your pet's life as well as your own. Quit smoking.

I hope I have encouraged you to quit this deadly and senseless habit. For the sake of your pets, quit today.

Chic Miller
Bella Vista Farms Animal Sanctuary
4301 Lower Gas Point Road
Cottonwood, CA 96022
530-347-0544

YOU ARE INVITED

to open your own store in

SHOPSHASTA.COM

The web site is dedicated to all the home workers of 96047.

Craftsmen and craftswomen, artists and knitters, jerky or range meat, Flowers arrangements, pallet furniture or flags,what have you.....Offering services or skills? _
open your page !

If it is made HERE by YOU shopshasta.com will build your page. Pictures and text.

You remain in charge of your products, sales, prices, cashing money Your name and contact on your own page.

Only \$10.00 per year

As with internet, the more we offer, the more responses we can expect.

For all questions please write to yobo@usa.com or 530/999-2559 I prefer e-mail

Our motto is

MADE LOCALLY

The Igo-Ono shopping Mall

where we and the entire world shops !

Open your store in shopshasta.com today and start selling.

Letter from Marge Smith

To readers of The Umbrella,

I was overwhelmed by all of the offers of help that I received after falling and breaking my shoulder. The cards, calls, and visits that came my way displayed the beauty of living in an area filled with loving and thoughtful people.

My Grateful Thanks to All

Local History

Park's Stage Stop

By Ron Jolliff

A question was asked about the old structure at the junction of Platina Road (A-16) and Selvester Road. On maps between 1880 and 1900 the site was marked as Park's and consisted of a stage station, barn and corals used by various stage companies on the road running between Ono, Arbuckle, Walcott's (Beegum), and Harrison Gulch. Little is known about the first owner, William Park, who gave his birthplace as England about 1843. William was naturalized in the Shasta County District Court in 1877 and in 1884 he received a patent from the Government Land Office for lot/tract 4, the south half of the northwest quarter, and the southeast quarter of the southwest quarter of section 4 in Township 29 North, Range 8 West, MDM, near the Joseph L. Selvester ranch. In the 1880 U.S. Census William was listed as a grocer and there were reports that William operated a small store at the stage stop. It is not known how William died in March 1905, but his death required a Coroner's Inquest.



Family Looking for Lost Grave

By Ron Jolliff

Merritt Woods Seamans died in the vicinity of Igo on February 14, 1881 but his burial place has been lost. There is a memorial stone in an Oswego County, New York cemetery that simply states he "died February 1881, California," but this was erected years later.

Merritt was born in New York in 1833, and like many of his generation answered the call to military service in the Civil War. Merritt joined the 110th New York Infantry Volunteer Regiment while his two brothers, Alfred and Stephen, joined the 2nd New York Heavy Artillery Regiment. Alfred died at the infamous Andersonville Prison and is buried there, while Stephen died in a military hospital at Washington, D.C. and his interment has been lost. Only Merritt survived the war.

Merritt started his military career as a private at the defense of Baltimore, Maryland in 1862. Merritt's Regiment was transferred to the Gulf of Mexico for the Louisiana Expedition where he participated in operations against Port Hudson. Merritt worked his way through the ranks ending the war as a first lieutenant at Fort Jefferson in the Florida Keys. In August 1865, Merritt was discharged in New York and appears to have disappeared from the family history until the U.S. Census in 1880 when he was a carpenter in Shasta County.

A, Merritt Woods Seamans, born in New York, a carpenter, but listed as a few years younger appeared in Solano County in 1869 in association with a Daniel Hawkins Seamans, a millwright born in New York about 1828. Daniel remained in Solano County for the 1880 U.S. Census while Merritt moved to Shasta County. In the 1880 U.S. Census Merritt was living with John and Mary Silvest and their newborn daughter Maggy at the census designation of Andrews Creek and the South Fork of Clear Creek. In that period census-takers generally walked their assigned areas so the list of neighbors may help narrow the approximate grave location. The neighbors listed before and after Merritt in 1880 were John P. Wright, Robert B. Gill, John Walter Rule and John Ruster. Only one held a Government Land Office patent in 1880 and that was John Rule who lived in Section 33 of Township 31 North Range 6 West, MDM. If the clue is correct, Merritt Woods Seaman, could have been buried in the area near South Fork Road and the lower end of Zogg Mine Road. If anyone knows of a marked or unmarked grave in the area west of Igo could they please contact the Umbrella?

Let's Watch Out For Each Other

Crime Report Courtesy of Neighborhood Watch

Neighborhood Watch is open to all residents. Meetings are held the second Saturday of each month at Igo School at 12 noon.

A. Crime report:

1. A trailer was hidden in the brush near Small Farms Road and was reported to the Sheriff's Department.
2. There was an attempted theft of a quad and possibly theft of other items on Lower Gas Point by two unidentified suspects driving a white pick-up with a rusty tailgate.
3. There was a theft of a parking meter set in cement on Zogg Mine Road.
4. A sign was run over near the Igo Inn.
5. Two veteran's group signs near the Northern Veteran's Cemetery were run over this month bring the total destruction to five signs.

Classified Ads

The Classified section is for LOCAL RESIDENTS ONLY! Items for sale, rent or trade can be listed. Services Wanted or Offered, Local Businesses, as well as Lost and Found items are appropriate for this area of the Newsletter. **The cost for a classified ad is \$2 for 30 Words.** The cost goes to offsetting the printing expenses needed to produce the newsletter. The Umbrella Staff reserves the right to refuse and ad it deems inappropriate for the newsletter.

If you wish to submit an ad, see Ed at the church or call 396-2277 and somebody from The Umbrella will get back to you. Thanks.

**BOB AND CHIC OF
BELLA VISTA FARMS
ARE NOW SELLING
METAL BUILDINGS
ANY SIZE – LARGE OR
SMALL
FOR INFO OR FREE
QUOTE PLEASE CALL
BOB OR CHIC AT
530-347-0544**



Transportation a Problem? I'm looking for people to share the expense of scheduled town runs. Could we develop and area shuttle service? Please call 396-2250 and leave you name and number.

Need a special gift, or just need to stay warm... I crochet hats and scarfs. Call Diane at 396-2445

*The Red Barrel needs your help! **The Red Barrel is the name of the Local Food Bank** effort. There is a barrel located outside the Post Office or you can leave your canned good donations at the church. Please call 396-2277 for more info.*

Volunteer Firefighters Needed !!!!